

Featured Programs...

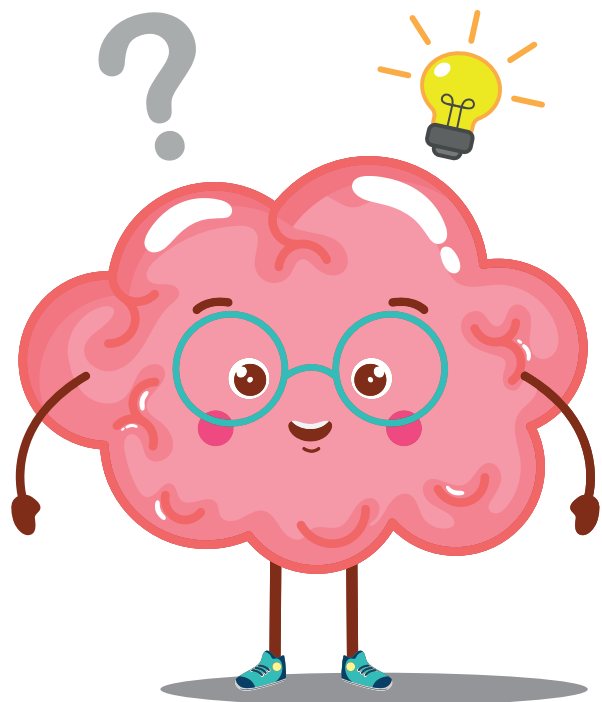


Eating on the Run

We are living in a fast-food society. Learn how to make healthy choices at home or when dining out. This program discusses basic nutrition and how to read a food label, while providing tips for preparing and eating healthy meals and snacks.

Smart Moves

Developed to support school districts in helping senior high students analyze influences and make good choices, especially during homecoming, prom, and graduation. This program also encourages students to think through their decisions. The program can be customized to focus on drug and alcohol abuse, distracted driving, or other risky behaviors.



Staff Spotlight

Phyllis March...

"I have been with the Byrnes Health Education team since October 2016 and work in a part time position as an administrative assistant/front desk receptionist. Additionally, I serve as a member of the Byrnes Curriculum Review Committee.

I am very grateful for the opportunity to serve, work, and interact with Byrnes Health Education's strong positive and professional staff on a daily basis."



Joan Klinke...

"I love my job of part-time Administrative Assistant at Byrnes Health Education. After 32 years as a School Food Service Director and with a BS degree in Dietetics and Nutrition Education, I truly believe in the Byrnes

mission of 'Educating and inspiring people of all ages to make healthy choices'. I really enjoy working with all the unique, professional and inspiring employees at Byrnes!"

Phyllis and Joan are essential to the team here at Byrnes Health Education. Their positive attitudes, welcoming smiles, and "can-do" spirit make each day better. We are so lucky to have them!

-Lyndsey Mackie

Phyllis and Joan provide exceptional service to our visitors and staff. Their warm demeanor, professionalism, and efficiency in managing inquiries and appointments contribute to the positive experience of everyone who interacts with our organization. We are grateful for their invaluable contribution to the smooth operation of our front desk and overall success of Byrnes Health Education!

-Jane Conrad



Peyton Walker Foundation

Byrnes Health Education is thrilled to announce the generous donation of a life-saving Automated External Defibrillator (AED) from the Peyton Walker Foundation. This invaluable contribution will enhance Byrnes' ability to ensure a safe and secure environment for its visitors, enabling prompt and effective response in the event of a cardiac emergency.

This partnership exemplifies the community's collective dedication to prioritizing health and well-being, making a significant impact on the safety and preparedness of the organization and its patrons.



Your Support Made This Possible!

Thank you!

- ▶ 1,406 health education programs delivered
- ▶ 8 counties in PA, 6 states in the US, 6 Canadian provinces
- ▶ 1,395 programs delivered to 60 schools and 11 programs delivered to 6 organizations



82 cents
of every dollar
goes right back into
program services

Organizational Milestones

- Became a Pennsylvania Department of Education ACT 48 Approved Provider
- 2022-2023 CILC Pinnacle Award Winner
- Celebrated the completion of brand-new Learning Labs thanks to our 25th Birthday Capital Campaign
- Began work to bring improvements to the lobby
- Hosted first Ladies Lunch & Learn
- Received CPBJ Health Care Hero Award for Community Outreach
- Hosted our Sweet 16th Annual Drive "Fore" Health Golf Outing at the Lancaster Country Club
- Held a Rotary Open House welcoming Rotarians from across District 7390

Top 10

Most Requested Programs

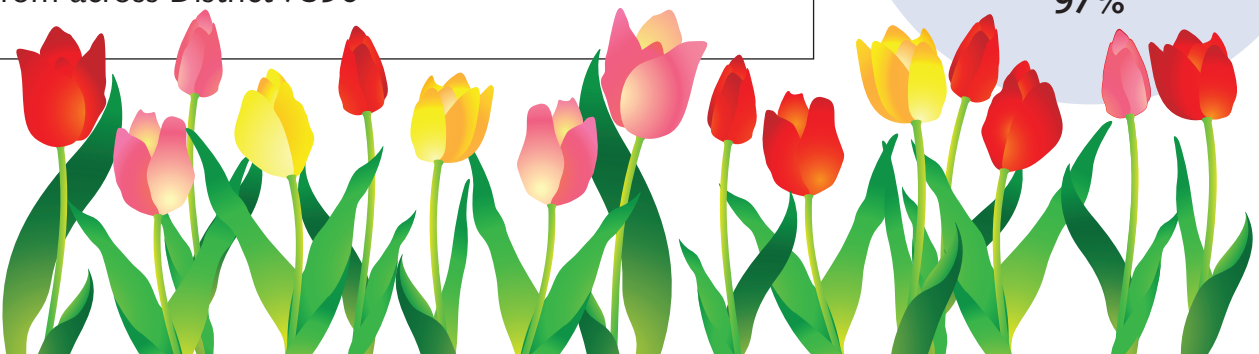
1. Grow & Know
Human Development
2. True Colors: I'm Special
Character Education/Bullying Prevention
3. Safety First
Safety and Disease Prevention
4. Drugsmart
Substance Abuse Prevention
5. True Colors: You Make A Difference
Character Education/Bullying Prevention
6. Great Whites
Oral Health
7. Inside Story
General Health
8. Bullying Hurts
Character Education/Bullying Prevention
9. Be Smart, Don't Start
Substance Abuse Prevention
10. Yell & Tell
Safety and Disease Prevention

Evaluations Received over the Last Year

Overall Program Rating:
94%

Health Educators Knowledge:
97%

Health Educator Enthusiasm:
97%





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Our Mission

To educate and inspire people of all ages
to make healthy choices

Our Vision

To be a leading resource of innovative, high-quality,
effective health education

Our Values

a passion for healthy communities;
a culture that embraces creativity and fun;
seeking and sharing knowledge;
an atmosphere of integrity and mutual respect

SAVE THE DATE

18th Annual
Drive "Fore" Health Golf Outing
Monday, October 7, 2024
at the
Lancaster Country Club

Register now:
Lyndsey Mackie at
LMackie@byrneshec.org
or
717.848.3064 ext. 229

TOURNAMENT SPONSORS:
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and

Byrnes Health Education